

Newsletter Nov 3, 2017



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## Upcoming Dates

### Nov 6

Grad Photos

### Nov 7

Grad Photos

Grade 9 Geography  
Zoo Field Trip  
A Carnevale/  
M. Ariganello/  
M. Rospo/J. Do/  
E. Milberg/K. Tsitsikotas/  
L. Hogan/C. Goodridge  
All Day

SHSM  
IBM Design Thinking  
C. Hainstock/D. Quan  
All Day

Swim Meet  
C. Wun  
2:35pm Departure

### Nov 8

Grad Photos

Rock & Chalk Field Trip  
C. Wun/L. Lancia  
All Day

### Nov 9

Grad Photos

Last Day of Term 1

Ottawa Presentation  
Career Centre  
1:45pm

### Nov 10

Grad Photos

Remembrance Day  
Celebration

Term 2 Begins

Student Immunization  
Clinic  
All Day

## Guidance

### Guidance Presents "Parent Evening" right around the corner!

We are inviting Parents/Guardians of any Grade Level Student to join the Guidance Department on Tuesday, November 7th for a special evening session. At 6:30, Ms Dodham and Ms MacSween will host a FAQ session. Between 7:00 to 8:00 there will be a panel discussion about 4 Year Specialty Degree courses offered through the colleges.

ALL are welcome to attend!

For more information or to RSVP contact [laurel.dodham@yrdsb.ca](mailto:laurel.dodham@yrdsb.ca)

## OHIP

The Ministry of Health and Long-Term Care is releasing additional resources ahead of the January 1, 2018, launch of OHIP+: Children and Youth Pharmacare.

On the ministry's website ([health.gov.on.ca/ohipplus\\_resources](http://health.gov.on.ca/ohipplus_resources)), you will find the following documents for downloading and printing:

- Factsheet for patients/families
- Postcards (available in 14 languages)
- Social media posts

Through this program, Ontarians aged 24 years and younger, who are OHIP insured, regardless of their family income, will be eligible for over 4,400 medications and drug products at no cost.

If you have any questions about OHIP+, please send an email to [OHIPplus@ontario.ca](mailto:OHIPplus@ontario.ca).

For more information, please visit: [Ontario.ca/OHIPplus](http://Ontario.ca/OHIPplus).

## Flu Season

### Flu Season is on its way – are you ready?



Flu season is nearly here. Be prepared by getting the flu shot as early as possible. The first and best step to preventing influenza (the flu), is to get the flu shot every year. Influenza spreads quickly and easily from an infected person to others. Everyone six months of age and older can get the flu shot.

Flu shots are available at:

- Health care provider's offices for people six months of age and older
- Participating pharmacies, for people five years of age and older

Visit [ontario.ca/flu](http://ontario.ca/flu) to find where you can get the flu shot.

#### How can the flu be avoided?

- Get the flu shot!
- [Wash your hands](#) well and often with soap and warm water. If soap and water are unavailable, use an alcohol-based [hand sanitizer](#)
- Cover your mouth and nose with a tissue when you cough or sneeze and throw the tissue out immediately. Wash your hands afterward. Cough into your upper sleeve if you don't have a tissue.
- Avoid touching your eyes, nose and mouth
- Avoid large crowds and stay home when you are sick
- Keep common surfaces and items clean and disinfected

To learn more about flu and the flu vaccine visit [york.ca/flu](http://york.ca/flu)

